

Class: Saplings

Week of: 5.4

Focus: Body parts

Feeling of the Month: Nervous

Kind Act of the Month: Helping each other

	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	Singing Song: Head, shoulders, knees and toes Read books about our body Sightseeing letters	Listening Participating observing
Kindness and Caring <i>(Self-help/ SEL)</i>	Feeding the birds Practicing doctor with toys	Learning to help feed the outside birds with Ms. Mary Learning to listen to each other's about their booboo and help them
Outdoor Explorations <i>(Outdoor learning)</i>	Outdoor scavenger hunt Identifying different textures	Look for different animals outside Learning different textures outdoor utilizing our senses
Questioning <i>(Science/Tech./ Engineering/Math)</i>	Our body parts Mixing colors making new colors	Using a book with our body parts learning the anatomy Mixing different color paints to make new colors
Discovery <i>(Art/Sensory)</i>	Painting a self portrait Writing our name	Using paints to paint ourselves Learning to hold a pencil writing our name
Moving and Grooving <i>(Gross Motor)</i>	Mother's day obstacle course Duck duck goose Dance party	Playing together while learning patience and waiting Moving your body with music