

Class: Big Sprouts

Week of: 5/4/26

Focus: Human Anatomy

Feeling of the Month: Amazement

Kind Act of the Month: Using Kind Words & Sharing

	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none">● Practicing Deep Breaths and Gentle Hands● Read: Uh-Oh! My Dragons Smelly● Reviewing Community Helpers	<ul style="list-style-type: none">● Self-Soothing techniques● Sitting and Listening
Kindness and Caring <i>(Self-help/ SEL)</i>	<ul style="list-style-type: none">● Drawing for the Dragon● Giving Dragon's Baths	<ul style="list-style-type: none">● Kindness & Giving Gifts● Cleaning & Taking Care of Dragons
Outdoor Explorations <i>(Outdoor learning)</i>	<ul style="list-style-type: none">● Smelling Flowers● Jellybean Roulette	<ul style="list-style-type: none">● Caring for Flowers & Sense of Smell● Taste Test & Hypothesizing
Questioning <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none">● Holograms● Mystery Tubes	<ul style="list-style-type: none">● Building● Shaking & Listening
Discovery <i>(Art/Sensory)</i>	<ul style="list-style-type: none">● 5 Things I See● Painting with Sound	<ul style="list-style-type: none">● Recognizing Surroundings & Drawing● Painting & Following Sound
Moving and Grooving <i>(Gross Motor)</i>	<ul style="list-style-type: none">● Passing the Ball● Dragon Flight	<ul style="list-style-type: none">● Hand-eye Coordination & Following Directions● Running & Imaginative Play