

Class: Big Sprouts

Week of: 5/26/26

Focus: Human Anatomy

Feeling of the Month: Amazement

Kind Act of the Month: Using Kind Words & Sharing

	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none">● Practicing Deep Breaths and Gentle Hands● Read: When You Go to Dinosaur School● Reviewing 5 Senses	<ul style="list-style-type: none">● Self-Soothing techniques● Sitting and Listening
Kindness and Caring <i>(Self-help/ SEL)</i>	<ul style="list-style-type: none">● Compliments Circle● Thank You Cards	<ul style="list-style-type: none">● Nice Words with Friends● Appreciation
Outdoor Explorations <i>(Outdoor learning)</i>	<ul style="list-style-type: none">● Hidden Letters● Water Painting	<ul style="list-style-type: none">● Letter Recognition Review● Painting & Waterplay
Questioning <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none">● Categories● Color Sort	<ul style="list-style-type: none">● Letter & Animal Review● Color Review
Discovery <i>(Art/Sensory)</i>	<ul style="list-style-type: none">● Class Portraits● Brain Friends	<ul style="list-style-type: none">● Coloring our Friends● Making a Brain
Moving and Grooving <i>(Gross Motor)</i>	<ul style="list-style-type: none">● Obstacle Course● Dance Party	<ul style="list-style-type: none">● Running, Climbing, Following Directions● Dancing