

Class: Big Sprouts

Week of: 4/13/25

Focus: Community Helpers

Feeling of the Month: Joy

Kind Act of the Month: Giving Compliments

	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none">● Practicing Deep Breaths and Gentle Hands● Read: I Snoop on my Body● Reviewing Teeth Names & Bones	<ul style="list-style-type: none">● Self-Soothing techniques● Sitting and Listening
Kindness and Caring <i>(Self-help/ SEL)</i>	<ul style="list-style-type: none">● Smiling at Friends● Cleaning up the Classroom	<ul style="list-style-type: none">● Kindness & Happy Faces● Sweeping & Dusting
Outdoor Explorations <i>(Outdoor learning)</i>	<ul style="list-style-type: none">● Counting Sticks● Who Stole the Treats?	<ul style="list-style-type: none">● Counting & Stick Collection● Collecting Clues & Scavenger Hunt
Questioning <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none">● Saving Community Members● Catching Bandits	<ul style="list-style-type: none">● Fine Motor & Peeling Tape● Tracing
Discovery <i>(Art/Sensory)</i>	<ul style="list-style-type: none">● Police Badges● Traffic Lights	<ul style="list-style-type: none">● Gluing & Counting● Recognizing & Matching Colors
Moving and Grooving <i>(Gross Motor)</i>	<ul style="list-style-type: none">● Dance Party● Red Light, Green Light	<ul style="list-style-type: none">● Dancing● Following Directions