

Class: Sprigs

Week of: 5/5 - 5/9

Focus: Spring

Feeling of the Month: Proud

Kind Act of the Month: Calming Our Bodies

	Activities	Skills
Morning Meeting (<i>Feelings/ Cognitive Skills/ Literacy</i>)	<ul style="list-style-type: none">● Read <i>Up in the Garden, Down in the Dirt</i> by Kate Messner● Read <i>Giraffe in a Half</i> by Shel Silverstein● Rhyming Words	<ul style="list-style-type: none">● Listening/Comprehension● Listening and Rhyming● Phonics and Rhyming
Kindness and Caring (<i>Self-help/ SEL</i>)	<ul style="list-style-type: none">● Read <i>Donut: The Unicorn Who Wants to Fly</i> by Laura Gehl● Keeping Our Earth Safe● Planting Chia Seeds	<ul style="list-style-type: none">● Resilience● Environmental Awareness
Outdoor Explorations (<i>Outdoor learning</i>)	<ul style="list-style-type: none">● Digging in the Dirt● Balancing and Obstacle Course● Bird Watching	<ul style="list-style-type: none">● Sensory Processing● Balancing and Jumping● Nature Observation
Questioning (<i>Science/Tech./ Engineering/Math</i>)	<ul style="list-style-type: none">● Strawberry Lemonade● What's That Animal Sound (Bird Edition)● Where Does Paper Come From?	<ul style="list-style-type: none">● Squeezing and Mixing● Listening● Environmental Awareness
Discovery (<i>Art/Sensory</i>)	<ul style="list-style-type: none">● Lavender Names● Pressed Flowers Sun Catcher● Paper Plate Garden	<ul style="list-style-type: none">● Name Recognition and Gluing● Picking and Pressing● Gluing and Cutting
Moving and Grooving (<i>Gross Motor</i>)	<ul style="list-style-type: none">● Superhero Workout● Enchanted Garden Yoga● Bees and Flowers Game	<ul style="list-style-type: none">● Jumping and Strength● Balance● Running and Sportsmanship