

Class: Saplings

Week of: 4/29/2024 **Focus:** Community Helpers

Feeling of the Month: Calm **Kind Act of the Month:** Using Kind Words

<i>Miss Julia's Class</i>	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	Reading 'Community Helpers' Talking about different community helpers Singing "Community Helpers" Song	Listening Self-Regulation Learning about different jobs and what they do
Kindness and Caring <i>(Self-help/ SEL)</i>	Practice stacking chairs Take care of our class pets- make food for them Make a dig box for our guinea pigs Do classroom yoga and breathing	Stacking chairs Caring for our pets Self regulation
Outdoor Explorations <i>(Outdoor learning)</i>	Stained Glass Sidewalk Chalk Muddy Trucks Trucks Car Wash	Coloring in the lines Cleaning with a toothbrush
Questioning <i>(Science/Tech./ Math)</i>	Number Puzzle Pieces Sunscreen Science Painting	Number Recognition Learning why it's important to use sunscreen
Discovery <i>(Art/Sensory)</i>	Erupting Lemon Activity Firefighter Finger Painting 'Put Out the Fire' Number Activity	Testing Observing Creativity Numbers
Moving and Grooving <i>(Gross Motor)</i>	Stacking Cups Fire Activity Red Light, Green Light Practicing using a Hula Hoop	Practicing Aim with a Spray Bottle Listening to Instructions