## **Welcome to the Seedlings Room!**





7:30 am - 8:00 am	Welcoming Friends
8:00 am - 8:30 am	Centers Exploration
8:30 am - 9:30 am	Morning Meeting /Snack /Potty /Wash Hands
9:30 am - 10:00 am	Thematic Exploration
10:00 am -10:30 am	Yoga (T/Th) / Outdoor Learning (M/W/F)
10:30 am - 11:00 am	Art/ Music (T/Th) / Spanish (M/W/F)
11:00 am - 12:00 pm	Playground/ Building STEAM (Science/Tech./Eng./Art/Math) outside
12:00 pm - 12:30 pm	Lunch/ Potty / Wash Hands
12:30 pm - 1:00 pm	Storytime / Half-day pick-up
1:00 pm - 3:00 pm	Rest time (nap or quiet play)
3:00 pm - 3:30 pm	Snack/ Potty / Wash Hands
3:30 pm - 4:00 pm	Playground
4:00 pm - 4:30 pm	Teatime/ Exploring the World (Cultures Exploration)
4:30 pm - 5:00pm	Wrap-up Round-Robin

Centers / Dismissal

5:00 pm - 5:30 pm